

# Compassionate Leadership: The Heart of Global Health and Tropical Medicine



What: Virtual Workshop-Compassionate Leadership: The Heart of Global Health and Tropical Medicine

When: Tuesday, October 18, 2022, 11:00am-2:00pm EDT / 1500-1800 UTC

Free to all Annual Meeting registrants

The theme of this year's Annual Meeting, Global Health = Human Rights, affirms the depth of impact that global health has on human suffering. But in the busy, demanding life where the practice of global health plays out, it is easy to lose sight of this deep humane purpose.

This workshop is customized for the ASTMH community and is based on material from the [signature eight-week certification program](#) developed specifically for global health leaders. It will equip you with evidence-based tools and practices to lead with more confidence and effectiveness, while also supporting the well-being of yourself and your team. This workshop is free to all registered attendees of the Annual Meeting.

[Register for the Workshop](#)

Come learn the scientific advances in understanding compassion and the evidence for its value, as well as ways to strengthen your innate compassion and apply it in your life and your organization. Everyday practices will be shared that will help bring compassion into the regular flow of each day as well as specific leadership development skills to support the creation of cultures of safety, trust and belonging.

Whether you lead a team, an organization, a community, and/or family, melding compassion into your leadership can bring life-changing results as well as a multitude of organizational benefits. Compassion lies at the heart of tropical medicine and global health.

### **The Compassionate Leadership Training Will Cover:**

- The importance of leading from the inside out
- Increasing awareness of yourself, your team, and your environment
- Deepening connections among colleagues within your organization and at partner organizations
- Addressing workplace changes that have been brought in the wake of the COVID pandemic
- Dealing with the root causes of burnout
- Skillfully navigating difficult conversations with more ease

### **About the Center for Compassionate Leadership**

The nonprofit Center for Compassionate Leadership is dedicated to the advancement of compassionate methods of leadership around the globe. The Center melds evidence-based principles of leadership and the latest neuroscience and behavioral research with the wisdom of contemplative practices. The Center's Compassionate Leadership in Global Health Certification program has been validated by independent University research to strengthen participants' self-compassion, compassion for others, compassion at work, and resilience.